

CABLE Circle of Friends Program: Coming Around Full Circle!

By Leigh Ann Roberts,

Chair of the CABLE Circle of Friends Sub-Committee

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As many of you know, the CABLE Circle of Friends Program is now approaching the end of its first cycle of member participation. The Program has been a huge success with approximately 50 to 60 CABLE members participating and more waiting in the wings for the next cycle to begin. For those of you that are new to CABLE or missed all 25 of my emails last Fall, the CABLE Circle of Friends Program is a free benefit of your CABLE membership that takes networking and relationship building in CABLE to a new level. Basically, you meet with a small group of other CABLE members once a month for a 6 month period. Meetings are held in CABLE members' homes and the topics of discussion bring about connections with other CABLE members that are truly profound. The Circles are facilitated by CABLE Members who are selected to participate in the Annual Circle of Friends Facilitation Training offered to only 20 CABLE members per year. These facilitators host one meeting a month for six months and the results have been truly amazing. Women who came to the Circle of Friends program looking to network and grow their businesses have found much more than they bargained for! I got the following letter from Gail Southwell, a new CABLE member:

Dear Leigh Ann,

Even though I have lived in Nashville for about five years my life was so busy with work and everyday demands that I had not taken the time to establish a close community of women friends. I learned of the women's circle at my first CABLE meeting and felt it was a great opportunity to get to know women in an intimate setting that is supportive of authentic interaction. I was right, over the past six months I have come to know six fantastic women. This process has allowed our unique dimensions to naturally unfold and I feel the connections we have with each other.

My experience of the circle is sacred space that allows me and others to speak about anything we like while being witnessed by others. There is no need to respond or fix things. We just show up and being there, IS the loving act. Being witnessed and witnessing has greatly improved my ability to slow down and listen to others in a deeply authentic way. It is so rejuvenating to see and be seen. An art that is so needed in the fast paced, fragmented world we live in today.

This is networking at its finest. We have come to know each other well and naturally want to be of help to each other. I have had the experience of sharing food, drink, hopes, dreams, stories and deeply reflecting on what is most important to me in a forum that is well contained, safe and oh, so supportive. This is good stuff and so important to feel the connections we have as women.

Leigh Ann, thank you for letting me enter your circle.

Gail

We have Circle of Friends locations opening up this month all around town and opportunities to join a Circle in 2008 are happening now through July. If you are interested in being placed in a CABLE Circle of Friends location near you, please contact Tammy Roth of Holistic Growth Consulting at (615) 218-1967 or Tammy@holisticgrowthconsulting.com.

For those of you who are new members or missed the last year's CABLE Circle of Friends Facilitator Training and you want to be considered for this year's training (scheduled for the evening of June 6; 9 to 4:30 June 7th and after lunch on June 8th), please act quickly to reserve your spot as one of the twenty members selected to participate this year. Members who receive this training will have yet another tool in their professional tool-kit and will be part of this amazing program that has CABLE members raving! CABLE Circle of Friends would like thank Nashville Opryland-Airport Holiday Inn Select for being our generous host for our second annual, CABLE Circle Facilitator training June 6-8th 2008. If you are interested in attending this training and want to find out more, simply reserve the dates on your calendar and contact Tammy Roth to reserve your spot. Remember, the CABLE Circle of Friends as well as the upcoming facilitator training are free with your CABLE membership- just another way CABLE connects you with opportunities to grow and succeed. We hope you will join us for what promises to be an amazing CABLE program for years to come!